

LEADERSHIP SKILLS FOR THE 4TH INDUSTRIAL REVOLUTION

Université Paris-Dauphine London Campus



MASTER THE FOUR DOMAINS OF EMOTIONAL INTELLIGENCE

1. Self-Awareness
2. Self-Management
3. Social Awareness
4. Relationships Management

THE FUTURE BELONGS TO EMOTIONALLY INTELLIGENT LEADERS

In preparation for the Fourth Industrial Revolution, the World Economic Forum published a report last year titled "The Future of Jobs: Employment, Skills and Workforce Strategy for the Fourth Industrial Revolution." Drafted as a call to action to help governments, businesses and individuals adapt their skillset for the future, the report outlined a list of 10 essential work-related skills for 2020. Out of the ten, four are relational skills that heavily rely on emotional intelligence and can be developed through training.

WHAT'S EMOTIONAL INTELLIGENCE?

John Mayer and Peter Salovey, the two researchers who coined the term "Emotional Intelligence" defined it as *the ability to understand and manage your own emotions, as well as identify and influence the emotions of other people*. Daniel Goleman elaborated on their research to develop a EI framework composed of 4 EI domains and 12 competencies.

THE KEY TO CAREER GROWTH

According to career change statistics, the average person will change careers up to 5 or 7 times in their working life. And the rise of AI is also already having a significant impact on the workplace. As a result, your hard skills may not transfer from one career to another or simply become obsolete.

Research shows that a person's emotional intelligence (or EQ) can be a more effective predictor of success than their IQ. It is also correlated with desirable attributes such as better resilience, employability or leadership potential.

By learning the skills of emotional intelligence not only are you acquiring skills that translate from one role to the next but you are investing in your long term career growth by becoming an effective leader.

THE SKILLSET OF EMOTIONALLY INTELLIGENT LEADERS

- *Emotional Self-Awareness*
- *Emotional Self-Control*
- *Adaptability*
- *Achievement Orientation*
- *Positive Outlook*
- *Empathy*
- *Organizational Awareness*
- *Influence*
- *Coach and Mentor*
- *Conflict Management*
- *Teamwork*
- *Inspirational Leadership*



Jean-Christophe Trentinella is a Speaker, Consultant and Search Inside Yourself Certified Teacher – the groundbreaking mindfulness, emotional intelligence and leadership programme based on neuroscience and born at Google.

With more than 20 years of international expertise in education, higher education and culture, and a mindfulness practice of over three decades, he helps leaders and organisations build thriving work cultures and navigate everyday work and life challenges with more clarity, efficiency and resilience.

Jean-Christophe has facilitated programmes and workshops in the UK, the United States, France, Austria, and Australia at Johns Hopkins University, The International Agency for Atomic Energy, The University of Adelaide & Georgia Southern University.



Search Inside Yourself
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